

ACHA Webinars Presents:

Managing Coronary Artery Risk Factors in Adults with CHD

Wednesday, May 20, 2015, 7 p.m. – 8 p.m. EDT

**Presenter:
Ami Bhatt, MD**

About the Webinar

As congenital heart disease (CHD) patients age, they are at risk of developing coronary artery disease just like adults without CHD. Do you ever wonder if you're at risk for a heart attack or stroke? If so, don't miss this webinar—you will learn about risk factors, setting goals, and ways to think about your personal risk. Learn how blood pressure, weight, cholesterol and physical activity tie into acquired heart disease. Practical tips and the science behind sticking to healthy habits will be covered. Attend this interactive webinar and learn to advocate for yourself. Invite your family members to attend, too, because good heart health is for everyone. Heart health can never start too early. Join us and together let's see what the benefits might be.



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About the Presenter

Dr. Ami Bhatt is director of the Adolescent and Adult Congenital Heart Disease Center at Massachusetts General Hospital and faculty at Harvard Medical School. Her research and program focus on patient experience in the healthcare system, the emotional and psychiatric effects of lifelong diagnoses, and empowering patients and physicians to focus on health and wellness for congenital heart individuals and their loved ones.

About the Adult Congenital Heart Association

The mission of the Adult Congenital Heart Association (ACHA) is to improve and extend the lives of the millions born with heart defects through education, advocacy and the promotion of research. If you would like to find out more about our programming, visit our website, www.achaheart.org. To support ACHA's mission to improve and prolong the lives of heart defect survivors, you can make a donation on our website.

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